

FOOD & NUTRITION

Pupil year: L5 - U5 (Yr 10-11)

Head of Department: Mrs S Fanous

This is a new and exciting GCSE course from OCR with a very strong practical element on a weekly basis, enabling students to investigate a wide variety of nutritional and health issues. During the course we build upon the work we have completed in Upper 4 and investigate the relationship between nutrition, food choice, diet and health.

We aim to equip students with a range of life skills including organisation, management and practical skills, problem solving and decision making, all in the context of a relaxed and fun environment. If you enjoy Food and Nutrition this year you'll love this!

During the course you will complete three short tasks (set by the examination board) demonstrating different practical skills and one longer task (based on a theme suggested by the examination board) All the tasks are carried out in school during your Food and Nutrition lessons and make up 60% of the final mark.

The written examination consists of one paper of 1 hour 30 minutes.

During the course, we visit the Good Food Show Exhibition at the NEC, The Taste of the West Show in Exeter and undertake numerous town and local visits.