

# Lunch Menu

The Maynard School



## Main Courses

### Main Course 1

### Vegetarian

## Monday

Chicken Pie

OR

Homity Pie

Baked Jacket Potato

## Tuesday

Meatballs with Tomato Sauce

OR

Courgette Fritter & Chilli Sauce

Baked Jacket Potato

## Wednesday

Boiled Gammon Ham

OR

Pasta Peperonata

Baked Jacket Potato

## Thursday

Beef Strogenoff

OR

Sticky Red Onion Flan

Baked Jacket Potato

## Friday

Hot Dog & Onions

OR

Lentil Burger

Baked Jacket Potato

## Accompaniments

### Vegetables

### Salads

### Potato / rice / pasta / cous cous

Selection of Vegetables

Freshly Made Salad Bar

Mash Potato

Selection of Vegetables

Freshly Made Salad Bar

Pasta

Selection of Vegetables

Freshly Made Salad Bar

Roast Potatoes

Selection of Vegetables

Freshly Made Salad Bar

Boiled Rice

Selection of Vegetables

Freshly Made Salad bar

Oven Chips

## Sandwiches

### Sandwiches & baguettes

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

## Desserts

### Fresh fruit / yogurt

### Dessert

Fresh Fruit Salad

Jam Suet Pudding

Fresh Fruit Salad

Chocolate Shortbread

Fresh Fruit Salad

Carrot Cake

Fresh Fruit Salad

Manchester Tart

Fresh Fruit Salad

Banana Fritter

A Fresh Healthy Variety Every Day :-)

New menu next week!

