

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

Dessert

Monday

Lasagne & Garlic Bread

Roasted Vegetables & Lentils

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Boiled Potatoes

Packed lunch available

Fresh Fruit /Yogurt

Steamed Citrus Sponge

Tuesday

Chicken & sweetcorn Pasta

Stuffed Cheesy Pepper

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Mash Potato

Packed lunch available

Fresh fruit salad / Yogurt

Bakewell Tart

Wednesday

Roast Pork & Apple Sauce

Spinach & Sweet Potato Samosas

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad / Yogurt

Carrot Cake

Thursday

Beef Strogenoff

Homity Pie

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Boiled Rice

Packed Lunch Available

Fresh Fruit Salad / Yogurt

Jam & Coconut Sponge

Friday

Battered Cod

Vegetable Chow Mein

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad / Yogurt

Artic Roll

A Fresh Healthy Variety Every Day :-)

New menu next week!

