

MENU PRE-PREP & JUNIOR SCHOOL

DATE: 13TH NOV

MONDAY



BEEF STROGANOFF & RICE

OR

PASTA WITH PEA PESTO

BAKED JACKET POTATO

BOILED POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CARROT CAKE



TUESDAY



CHICKEN & VEGETABLE CASSEROLE

OR

RATATOUILLE & CRUSTY BREAD

BAKED JACKET POTATO

MASHED POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

APPLE FLAPJACK



WEDNESDAY



ROAST BEEF & YORKSHIRE PUDDING

OR

LEEK & WHITE BEAN CASSEROLE

BAKED JACKET POTATO

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

APPLE & BLACKBERRY CRUMBLE



THURSDAY



MAYNARD GRILL

OR

VEGGIE GRILL

BAKED JACKET POTATAO

BOILED RICE

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

BANANA CAKE



FRIDAY



FISH PIE

OR

SWEET & SOUR VEGETABLES

BAKED JACKET POTATO

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

VANILLA SPONGE

