

Lunch Menu

The Maynard School



Main Courses

Main Course

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / Rice / Pasta / Couscous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh Fruit / Yogurt

Dessert

Monday

Beef Stroganoff & Rice

Pasta with Pea Pesto

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Mashed Potato

Packed lunch available

Fresh Fruit Salad / Yogurt

Carrot Cake

Tuesday

Chicken & Vegetable Casserole

Ratatouille & Crusty Bread

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Boiled Rice

Packed lunch available

Fresh Fruit Salad / Yogurt

Apple Flapjack

Wednesday

Roast Beef & Yorkshire Pudding

Spicy Leek & White Bean Stew

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Roast Potatoes

Packed lunch available

Fresh Fruit Salad / Yogurt

Apple & Blackberry Crumble

Thursday

Maynard Grill

Vegetarian Grill

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Saute Potatoes

Packed lunch available

Fresh Fruit Salad / Yogurt

Banana Cake & Toffee Sauce

Friday

Fish Pie

Sweet & Sour Vegetables

Baked Jacket Potato

Seasonal Vegetables

Fresh Salad Bar

Oven Chips

Packed lunch available

Fresh Fruit Salad / Yogurt

Vanilla Sponge

A Fresh Healthy Variety Every Day :-)

New menu next week!

