

# MENU PRE-PREP & JUNIOR SCHOOL

DATE: 20/2/17

## MONDAY



CHILLI CON CARNE

OR

OMELETTE

BOILED RICE

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

STEAMED SYRUP SPONGE



## TUESDAY



CREAMY CHICKEN & POTATO BAKE

OR

ROAST CHICKPEA WRAP

MASH POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

FLAPJACK & CUSTARD



## WEDNESDAY



ROASTPORK & APPLE SAUCE

OR

VEGETARIAN ROAST

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

APPLE CRUMBLE & CUSTARD



## THURSDAY



SCOTCH EGG

OR

VEGETARIAN LASAGNE

PARSLEY POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CHOCOLATE TIFFIN



## FRIDAY



BATTERED COD

3 CHEESE PASTA

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

ARTIC ROLL

