

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

Dessert

Monday

Spaghetti Bolognese

Veggie Sausage Roll

Baked Jacket Potato

Sweetcorn / Peas

Freshly Made Salad Bar

Boiled Rice

Packed Lunch Available

Fresh Fruit Salad

Steamed Chocolate Sponge

Tuesday

Sticky Lemon Chicken

Vegetable Balti & Rice

Baked Jacket Potato

Cauliflower Cheese / Green Beans

Freshly Made Salad Bar

Mashed Potato

Packed Lunch Available

Fresh Fruit Salad

Apple & Cinnamon Pie

Wednesday

Roast Beef & Yorkshire

Butter Bean Burger

Baked Jacket Potato

Carrots / Braised Red Cabbage

Freshly Made Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Banoffee Pie

Thursday

Ham & Egg

Vegetarian Lasagne

Baked Jacket Poato

Broccoli / Spaghetti Hoops

Freshly Made Salad Bar

Parsley Potatoes

Packed Lunch Available

Fresh Fruit Salad

Shortbread & Custard

Friday

Crusted Cod Fillet

Stuffed Pepper with Feta

Baked Jacket Potato

Baked Beans / Peas

Freshly Made Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Chocolate Gateau

A Fresh Healthy Variety Every Day :-)

New menu next week!

