

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

Dessert

Monday

Chilli Con Carne

Omelette

Baked Jacket Potato

Sweetcorn / Peas

Freshly Made Salad Bar

Boiled Rice

Packed Lunch Available

Fresh Fruit Salad

Steamed Syrup Sponge

Tuesday

Creamy Chicken & Potato Bake

Roasted Chickpea Wrap

Baked Jacket Potato

Cauliflower Cheese / Green Beans

Freshly Made Salad Bar

Mash Potato

Packed Lunch Available

Fresh Fruit Salad

Flapjack & Custard

Wednesday

Roast Pork & Apple Sauce

Vegetarian Roast

Baked Jacket Potato

Carrots / Braised Red Cabbage

Freshly Made Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Apple Crumble & Custard

Thursday

Scotch Egg

Vegetarian Lasagne

Baked Jacket Poato

Broccoli / Spaghetti Hoops

Freshly Made Salad Bar

Parsley Potatoes

Packed Lunch Available

Fresh Fruit Salad

Chocolate Tiffin

Friday

Battered Cod

3 Cheese Pasta Bake

Baked Jacket Potato

Baked Beans / Peas

Freshly Made Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Artic Roll

A Fresh Healthy Variety Every Day :-)

New menu next week!

