

MENU PRE-PREP & JUNIOR SCHOOL

DATE: 22nd MAY

MONDAY

BEEF & VEGETABLE BAKE

OR

VEGETARIAN SAUSAGE ROLL

BAKED JACKET POTATO

DAUPHINOISE POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

STEAMED JAM SPONGE

TUESDAY

SWEET & SOUR PORK

OR

RICOTTA & COUGETTE FRITTER

BAKED JACKET POTATO

BOILED RICE

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

GINGERBREAD PARKIN

WEDNESDAY

ROAST CHICKEN

OR

VEGETABLE WELLINGTON

BAKED JACKET POTATO

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

APPLE CRUMBLE & CUSTARD

THURSDAY

COTTAGE PIE

OR

SAVOURY LENTILS & FOCACCIA

BAKED JACKET POTATO

PARSLEY POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

BAKEWELL TART

FRIDAY

CRISPY BACON & SAUSAGE CARBONA

OR

BEANS & CHEESE ON TOAST

BAKED JACKET POTATO

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

JELLY & ICE CREAM