

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

Dessert

Monday

Pan Fried Crispy Chicken

Spring Green & Potato Homity Pie

Baked Jacket Potato

Selection of Vegetables

Fulll Fresh Salad Bar

Poached Sliced Potatoes

Packed Lunch Available

Fresh Fruit Salad

Cherry, Oat & Chocolate Square

Tuesday

Cottage Pie

Veggie Protein Chilli

Baked Jacket Potato

Selection of Vegetables

Fulll Fresh Salad Bar

Mashed Potato

Packed Lunch Available

Fresh Fruit Salad

Apple Flapjack

Wednesday

Roast Pork & Apple Sauce

Spring Vegetable Casserole

Baked Jacket Potato

Selection of Vegetables

Full Fresh Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Apple & Blackberry Crumble

Thursday

Sausage & Mash

Coconut & Spinach Curry

Baked Jacket Potato

Selection of Vegetables

Full Fresh Salad Bar

Parsley Poatoes

Packed Lunch Available

Fresh Fruit Salad

Bakewell Tart

Friday

Battered Cod

Cheese & Tomato Pizza

Baked Jacket Potato

Selection of Vegetables

Full Fresh Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Lemon Drizzle Cake

A Fresh Healthy Variety Every Day :-)

New menu next week!

