

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Special

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

Dessert

Monday

Crispy Pan fried Chicken Fillet

Chinese Style Vegetable Noodles

Baked Jacket Potato

Selection of Vegetables

Fulll Fresh Salad Bar

Spaghetti

Packed Lunch Available

Fresh Fruit Salad

Steamed Syrup Sponge

Tuesday

Sausage & Onion Gravy

Stuffed Pepper

Baked Jacket Potato

Selection of Vegetables

Fulll Fresh Salad Bar

Mashed Potato

Packed Lunch Available

Fresh Fruit Salad

Sticky Toffee Pudding

Wednesday

Roast Turkey

Vegetable Wellington

Baked Jacket Potato

Selection of vegetables

Full Fresh Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Strawberry Gateau

Thursday

Mince Beef & Onion Tart

Tomato & Chickpea Curry

Baked Jacket Potato

Selection of Vegetables

Full Fresh Salad Bar

Boiled Rice

Packed Lunch Available

Fresh Fruit Salad

Lemon Cheesecake

Friday

Battered Cod

Spinach Roulade

Baked Jacket Potato

Selection of Vegetables

Full Fresh Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Artic Roll

A Fresh Healthy Variety Every Day :-)

New menu next week!

