

MENU PRE-PREP & JUNIOR SCHOOL

DATE: 19/02-2018

MONDAY

SPAGHETTI BOLOGNESE

OR

CHEESE OMELETTE

BAKED JACKET POTATO

SPAGHETTI

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CITRUS SPONGE

TUESDAY

PEA & HAM POT PIE

OR

LENTIL CURRY & RICE

BAKED JACKET POTATO

MASHED POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CHOCOLATE BROWNIE

WEDNESDAY

ROAST BEEF & YORKSHIRE PUDDING

OR

CHEESE SWEDE & LEEK PIE

BAKED JACKET POTATO

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

APPLE & BLACKBERRY CRUMBLE

THURSDAY

CHICKEN KORMA & RICE

OR

LENTIL FRITTER & MANGO SALSA

BAKED JACKET POTATAO

BOILED RICE

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

TREACLE SPICE SPONGE

FRIDAY

FISH FINGER

OR

SPICY BEAN & SWEET POTATO

BAKED JACKET POTATAO

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

DOUGHNUT