

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

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.....

Vegetarian

.....

Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

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Dessert

Chicken & Mushroom Pie

OR

Cheese & Chutney Toastie

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Spaghetti

Packed Lunch Available

Fresh Fruit Salad

Chocolate Sponge & Sauce

Cottage Pie

OR

Sicky Tofu with Noodles

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Cous - Cous

Packed Lunch Available

Fresh Fruit Salad

Manchester Tart

Roast Beef & Yorkshie Pudding

OR

Pasta Peperonata

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Black Forest Tart

Pork Sausages & Butter Bean Mash

OR

Avocado Taco with Slaw

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Boiled Potatoes

Packed Lunch Available

Fresh Fruit Salad

Strawberry Cheesecake

Fish Pie

OR

Veggie Mince & Mash

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Shortbread



A Fresh Healthy Variety Every Day :-)

New menu next week!