

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

.....

.....

Vegetarian

.....

Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

.....

Dessert

Spaghetti Bolognese
.....
OR
.....
Vegetable Fritter
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Potato Smiles

Packed Lunch Available

Fresh Fruit Salad
.....
Chocolate Syrup Sponge

Chicken Curry & Naan Bread
.....
OR
.....
Vegetable Stir Fry
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Mash Potato

Packed Lunch Available

Fresh Fruit Salad
.....
Bakewell Tart

Roast Turkey & Cranberry Sauce
.....
OR
.....
Ginger Sweet Tofu & Pak Choi
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad
.....
Apple Crumble

Maynard Grill
.....
OR
.....
Vegetarian Grill
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Hash Browns

Packed Lunch Available

Fresh Fruit Salad
.....
Sticky Toffee Pudding

Battered Cod
.....
.....
Vegetarian Lasagne
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Oven Chips

Packed Lunch Available

Fresh Fruit Salad
.....
Artic Roll



A Fresh Healthy Variety Every Day :-)

New menu next week!