

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

.....

.....

Vegetarian

.....

Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

.....

Dessert

Sweet & Sour Chicken
.....
OR
.....
Vegetarian Wraps
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Pasta

Packed Lunch Available

Fresh Fruit Salad
.....
Chocolate Concrete & Pink Sauce

Macaroni Cheese & Pulled Pork
.....
OR
.....
Caramelised Onion Rarebit Tart
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Mashed Potato

Packed Lunch Available

Fresh Fruit Salad
.....
Citrus Sponge Pudding

Roast Turkey
.....
OR
.....
Pesto Pasta
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad
.....
Apple & Blackberry Crumble

Beef & Vegetable Casserole
.....
OR
.....
Vegan Paella
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Dauphinoise Potatoes

Packed Lunch Available

Fresh Fruit Salad
.....
Fruit Filled Pancakes

Battered Haddock
.....
OR
.....
Cheesy Bean Burger
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Oven Chips

Packed Lunch Available

Fresh Fruit Salad
.....
Arctic Roll



A Fresh Healthy Variety Every Day :-)

New menu next week!