

MENU PRE-PREP & JUNIOR SCHOOL

DATE: OCT 15TH

MONDAY



CHICKEN CURRY & NAAN BREAD

OR

VEGETABLE WELLINGTON

BAKED JACKET POTATO

CROQUETTE POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

JAM ROLY POLY



TUESDAY



CHILLI CON CARNE

OR

CHEESE OMELETTE

BAKED JACKET POTATO

MASHED POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

LEMON DRIZZLE CAKE



WEDNESDAY



ROAST PORK & APPLE SAUCE

OR

GOATS CHEESE TART

BAKED JACKET POTATO

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CHOCOLATE BROWNIE



THURSDAY



GAMMON HAM & EGG

OR

3 CHEESE PASTA BAKE

BAKED JACKET POTATO

MASHED POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

CREAM & JAM SPONGE



FRIDAY



HOT DOG

OR

SWEET N SOUR TOFU

BAKED JACKET POTATO

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

JELLY & ICE CREAM

