

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

.....

.....

Vegetarian

.....

Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

.....

Dessert

Chicken Curry & Naan Bread
.....
OR
.....
Vegetable Fritter
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Boiled Rice

Packed Lunch Available

Fresh Fruit Salad
.....
Jam Roly Poly

Chilli Con Carne
.....
OR
.....
Cheese Omelette
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Pasta

Packed Lunch Available

Fresh Fruit Salad
.....
Lemon Drizzle Cake

Roast Pork & Apple Sauce
.....
OR
.....
Goats Cheese Tart & Beetroot
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad
.....
Chocolate Brownie

Gammon & Egg
.....
OR
.....
3 Cheese Pasta
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Mashed Potato

Packed Lunch Available

Fresh Fruit Salad
.....
Jam & Cream Sponge

Hot Dog & Onions
.....
OR
.....
Sweet N Sour Tofu
.....
Baked Jacket Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Oven Chips

Packed Lunch Available

Fresh Fruit Salad
.....
Jelly & Ice Cream



A Fresh Healthy Variety Every Day :-)

New menu next week!