

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

Vegetarian

Creamy Chicken Pie

 OR

 Spanish Stew

 Baked Jacket Potato

Cottage Pie

 OR

 Vegetable Stir - Fry

 Baked Jacket Potato

Roast Pork & Apple Sauce

 OR

 Roast Vegetable Slice

 Baked Jacket Potato

Fried Chicken

 OR

 Vegetarian Toad In The Hole

 Baked Jacket Potato

Fish Pie

 OR

 Veggie Burger

 Baked Jacket Potato

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Selection of Vegetables

 Freshly Made Salad Bar

 Wholegrain Rice

Selection of Vegetables

 Freshly Made Salad Bar

 Dauphinoise Potatoes

Selection of Vegetables

 Freshly Made Salad Bar

 Roast Potatoes

Selection of Vegetables

 Freshly Made Salad Bar

 Potato Smiles

Selection of Vegetables

 Freshly Made Salad Bar

 Oven Chips

Sandwiches

Sandwiches & baguettes

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

Packed Lunch Available

Desserts

Fresh fruit / yogurt

Dessert

Fresh Fruit Salad

 Steamed Citrus Sponge

Fresh Fruit Salad

 Sticky Toffee Pudding

Fresh Fruit Salad

 Apple Crumble

Fresh Fruit Salad

 Malteser Cake

Fresh Fruit Salad

 Lemon Meringue Pie



A Fresh Healthy Variety Every Day :-)

New menu next week!