**Draft Work Experience Programme**

**Date: 15-19th July 2019**

**Venue: Wonford House Hospital, Exeter**

**Day 1**

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| **Timing**  | **Content**  |
| 09:15 – 09:30 | Registration |
| 09:30 – 10:15 | Ice breaker including Introduction of the people co-ordinating the next 5 days |
| 10:15 – 10:30 | Overview of the programme  |
| 10:30 – 11:00 | Brief talk about safety, logistics of travel, who to call if you cannot attend or if they have any concerns and timings of breaks |
| **BREAK** |
| 11:15 – 12:15 | Video of the Trust to include: What we do, video tour of HQ and various development sites, history of DPT and corporate welcome |
| **LUNCH** |
| 12:45 – 14:15 | Introduction to Learning Disabilities talk and experience. Tasks include VI goggles, wheelchair, blindfold and ear defenders. |
| **BREAK** |
| 14:30 – 15:45 | Introduction to Mental Health to include: myth busting quiz (who wants to be a millionaire style) questions and answers |
| 15:45 – 16:00 | Debrief and discussion about what we will cover tomorrow. |

 **Day 2**

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| **Timing**  | **Content**  |
| 09:30 – 10:15 | Induction video about information governance and confidentiality. Followed by group discussion on what you think this might mean to you when on placement on Thursday.  |
| 10:15 – 11:00 | Talk about things you might see/be involved in as part of placements on Thursday and link this to the NHS values.  |
| **BREAK** |
| 11:15 – 12:15 | Lived experience talk |
| **LUNCH** |
| 12:45 – 14:15 | Physical health sessions to include taking observations, blood pressure and oxygen levels.  |
| **BREAK** |
| 14:30 – 15:45 | Group activity – Video reception scenarios looking at challenging behaviours, safety and welcoming. |
| 15:45 – 16:00 | Debrief and discussion about what we will cover tomorrow.  |

**Day 3**

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| **Timing**  | **Content**  |
| 09:30 – 11:00 | Speed dating of different Professions to give a broad overview of what they do with the opportunity for students to ask them any questions |
| **BREAK** |
| 11:15 – 12:15 | Group activity looking at a patient journey.  |
| **LUNCH** |
| 12:45 – 14:15  | Mental Health first aid session |
| **BREAK** |
| 14:30 – 15:00 | Mental Health first aid session continued  |
| 15:00 – 16:00 | Brief for placements tomorrow to include, where you are going, who you are meeting (photos and team contact info), things to be aware of and talk about self-awareness of emotional wellbeing and who to raise concerns with. |

 **Day 4**

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| **Timing**  | **Content**  |
| 09:00 – 16:00 | Placement day.  |

**Day 5**

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| **Timing**  | **Content**  |
| 09:30 – 10:15 | Feedback sessions from placement day.  |
| 10:15 – 11:00 | Profession scenario activity. |
| **BREAK** |
| 11:15 – 12:15 | Experience a creative therapy (Drama or Arts) |
| **LUNCH** |
| 12:45 – 14:15  | Recruitment process group task (to include examples of good and bad application forms with discussion and feedback, talk about shortlisting matrix and shortlisting activity and interview role play.  |
| **BREAK** |
| 14:30 – 15:15 | Talk about career pathways and entry criteria for various professions |
| 15:15 – 16:00 | Exit interview to include de-brief and how we can keep in touch  |