

MENU PRE-PREP & JUNIOR SCHOOL

DATE: FEBRUARY 11

MONDAY



CHICKEN PIE

OR

CHEESE AND SPINACH PANCAKE

BAKED JACKET POTATO

WHOLEMEAL RICE

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

STEAMED SYRUP SPONGE



TUESDAY



MEDITERRANEAN BAKED FISH

OR

CAULIFLOWER CURRY & BOILED EGG

BAKED JACKET POTATO

MASHED POTATO

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

BAKEWELL TART



WEDNESDAY



JERK GAMMON HAM

OR

CAPONATA & RUSTIC BREAD

BAKED JACKET POTATO

ROAST POTATOES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

PANCAKES



THURSDAY



MAYNARD GRILL

OR

VEGETARIAN GRILL

BAKED JACKET POTATAO

POTATO SMILES

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

LEMON DRIZZLE CAKE



FRIDAY



FISH PIE

OR

PAELLA

BAKED JACKET POTATO

OVEN CHIPS

SELECTION OF VEGETABLES

FULL FRESH SALAD BAR

FRESH FRUIT SALAD

FRUIT FROMAGE FRAIS

MILLE FEUILLE

