

Lunch Menu

The Maynard School



Main Courses

Main Course 1

Vegetarian

Monday

Sausage & White Bean Casserole
.....
OR
.....
Roast Carrot Cauliflower & Grains
.....
Baked Jacket Potato

Tuesday

Cottage Pie
.....
OR
.....
Spring Vegetable & Cheese Tart
.....
Baked Jacket Potato

Wednesday

Roast Chicken
.....
OR
.....
Mac Cheese & Sunblush Tomatoes
.....
Baked Jacket Potato

Thursday

Jerk Ham & Corn Cob
.....
OR
.....
Spiced Bean Scotch Egg
.....
Baked Jacket Potato

Friday

Baked Cod
.....
OR
.....
Black Bean Burger
.....
Baked Jacket Potato

Accompaniments

Vegetables

Salads

Potato / rice / pasta / cous cous

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Dauphinoise Potatoes

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Mashed Potato

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Roast Potatoes

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Potato Smiles

Selection of Vegetables
.....
Freshly Made Salad Bar
.....
Oven Chips

Sandwiches

Sandwiches & baguettes

Packed Lunch Available

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Packed Lunch Available

Desserts

Fresh fruit / yogurt

Dessert

Fresh Fruit Salad
.....
Steamed Syrup Sponge

Fresh Fruit Salad
.....
Rhubarb & Elderflower Cake

Fresh Fruit Salad
.....
Bread & Butter Pudding

Fresh Fruit Salad
.....
Black Forest Gateau

Fresh Fruit Salad
.....
Banoffee Pie

A Fresh Healthy Variety Every Day :-)

New menu next week!

