

# Lunch Menu

The Maynard School

fresh fruit and veg served daily



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Courses

- Main Course 1
- .....
- .....
- Vegetarian
- .....



- STAFF LUNCH ONLY
- .....
- .....
- .....

- Roast Chicken
- OR
- Lentil Burger & Jalapeno Salsa
- Baked Jacket Potato

- Southern Fried Chicken
- OR
- Jamaican Jerk Black Bean Taco
- Baked Jacket Potato

- Battered Cod
- OR
- Margherita Pizza
- Baked Jacket Potato

### Accompaniments

- Vegetables
- .....
- Salads
- .....
- Potato / rice / pasta /
- cous cous



- Selection Of Vegetables
- Freshly Made Salad Bar
- Roast Potatoes

- Selection of Vegetables
- Freshly Made Salad Bar
- Jamaican Rice

- Selection of Vegetables
- Freshly Made Salad Bar
- Oven Chips

### Sandwiches

- Sandwiches
- & baguettes



Packed Lunch Available

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### Desserts

- Fresh fruit / yogurt
- .....
- Dessert



- Fresh Fruit Salad
- Rhubarb Crumble

- Fresh Fruit Salad
- Strawberry Gateau

- Fresh Fruit Salad
- Raspberry Cheesecake



A Fresh Healthy Variety Every Day :-)

New menu next week!