

Lunch Menu

The Maynard School

fresh fruit and veg served daily



Monday

Tuesday

Wednesday

Thursday

Friday

Main Courses

Main Course 1

.....

.....

Vegetarian

.....

Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta / cous cous

Sandwiches

Sandwiches & baguettes

Desserts

Fresh fruit / yogurt

.....

Dessert

Chilli Con Carne

OR

Cheddar Cheese Risotto

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Boiled Wholegrain Rice

Packed Lunch Available

Fresh Fruit Salad

Steamed Lemon Sponge

Toad in the Hole

OR

Pea & New Potato Curry

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

New Potatoes

Packed Lunch Available

Fresh Fruit Salad

Vanilla Panna Cotta

Roast Pork & Apple Sauce

OR

Lentil Lasagne

Baked Jacket Potato

Selection Of Vegetables

Freshly Made Salad Bar

Roast Potatoes

Packed Lunch Available

Fresh Fruit Salad

Upside Down Banana Cake

Chicken Cordon Bleu

OR

Tomato Tart & Goats Cheese

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Jamaican Rice

Packed Lunch Available

Fresh Fruit Salad

Chocolate Cake

Battered Scampi

OR

Margherita Pizza

Baked Jacket Potato

Selection of Vegetables

Freshly Made Salad Bar

Oven Chips

Packed Lunch Available

Fresh Fruit Salad

Devon Scone



A Fresh Healthy Variety Every Day :-)

New menu next week!