

# Lunch Menu

The Maynard School

fresh fruit and veg served daily



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

### Main Courses

Main Course 1

.....

.....

Vegetarian

.....

Chilli Con Carne

.....

OR

.....

Stuffed Pepper

.....

Baked Jacket Potato

.....

Christmas Lunch

.....

Staff Christmas Lunch Only

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

### Accompaniments

Vegetables

.....

Salads

.....

Potato / rice / pasta /  
cous cous

Selection of Vegetables

.....

.....

Boiled Rice

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

### Sandwiches

Sandwiches  
& baguettes

Packed Lunch Available

.....

.....

.....

.....

.....

.....

.....

.....

.....

### Desserts

Fresh fruit / yogurt

.....

Dessert

Fresh Fruit Salad

.....

Steamed Syrup Sponge

.....

.....

.....

.....

.....

.....

.....

.....

.....



A Fresh Healthy Variety Every Day :-)

New menu next week!