



Is there somewhere over the rainbow? A contemporary exploration of the mental response to COVID-19.

EXTENDED PROJECT QUALIFICATION ANNA - LOWER SIXTH

My EPQ took the form of an artefact. I produced an unconventional short film about how society had reacted to the pandemic and the implications on social behaviour and mental health. I created a visual form of therapy which was designed to target a different audience and trigger an emotional release!

My EPQ was not directly related to my A-levels of Maths, Further Maths, Chemistry and Drama, however I love dancing and acting and am interested in film directing and producing, so this was the perfect way for me to immerse myself in an area which is not defined within school.

As well as being an incredible project to work on during lockdown, it helped me forge contacts and discover more about the arts community. Equally, completing an EPQ has really allowed me to test my limits of personal motivation and focus!

I ended up talking to film directors, photographers, musicians, mental health specialists, speech and languages therapists and much, much more. The research behind the film picture was immense and made for an impactful visual guide to coping and healing.

I always wanted to do an EPQ and originally I wanted to create a live dance performance about Brexit! But having the free time in the summer meant I could expand my project to a much bigger scale and explore every avenue of media instead.

I am really looking forward to the summer when, hopefully, restrictions will have been lifted! I really just want to have a good time with those that we have been separated from, have a dance and a party, as well as going out in the sea on my kitesurf (without freezing my fingers off!)