

Monday

Main Course

Chicken and Chorizo Paella	V VG GF DF	A B H
Sweet Potato Curry with Naan Bread	<input checked="" type="checkbox"/> V VG GF DF	A H
Baked Potato with Baked Beans	<input checked="" type="checkbox"/> V VG GF DF	A

Sides

Peas	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Green Salad	V VG GF DF
New Potatoes	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF

Dessert

Fresh Fruit	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Fruit Yogurt	<input checked="" type="checkbox"/> V VG GF DF 7
Banana Fritters	<input checked="" type="checkbox"/> V VG GF DF 2 4 7

Tuesday

Main Course

Chilli Con Carne	V VG GF DF	A B H
New Potato Courgette & Goats Cheese Tart	<input checked="" type="checkbox"/> V VG GF DF	7 A B H
Pasta with Tomato and Basil Sauce	<input checked="" type="checkbox"/> V VG GF DF	2 A

Sides

Sweetcorn	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Ratatouille	<input checked="" type="checkbox"/> V VG GF DF
Vegetable Rice	<input checked="" type="checkbox"/> V VG GF DF 247

Dessert

Fresh Fruit	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Fruit Yogurt	<input checked="" type="checkbox"/> V VG GF DF 7
Coffee Sponge	<input checked="" type="checkbox"/> V VG GF DF 247

Wednesday

Main Course

Roast Loin of Pork	V VG GF DF	J
Veggie Wellington	<input checked="" type="checkbox"/> V VG GF DF	7 B
Cheesy Pasta	<input checked="" type="checkbox"/> V VG GF DF	4

Sides

Green Beans	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Braised Red Cabbage	<input checked="" type="checkbox"/> V VG GF DF
Roast Potatoes	V VG GF DF

Dessert

Fresh Fruit	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Fruit Yogurt	<input checked="" type="checkbox"/> V VG GF DF 7
Carrot Cake Topped with Mascarpone	<input checked="" type="checkbox"/> V VG GF DF 2 4 7

Thursday

Main Course

Maynard Cheese Burger	V VG GF DF	2 7 D H
Maynard Veggie Burger	<input checked="" type="checkbox"/> V VG GF DF	A H
Quiche Lorraine	<input checked="" type="checkbox"/> V VG GF DF	2 14

Sides

Mix Vegetables	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Ravioli	<input checked="" type="checkbox"/> V VG GF DF
Hash Brown	V VG GF DF

Dessert

Fresh Fruit	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Fruit Yogurt	<input checked="" type="checkbox"/> V VG GF DF 7
Jam Doughnut	<input checked="" type="checkbox"/> V VG GF DF 7

Friday

Main Course

Battered Scampi	V VG GF DF	2 4 7 5
Jumbo Fish Fingers	V VG GF DF	2 4 7 5
Hot Dog & Onions	V VG GF DF	247J

Sides

Peas	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Baked Beans	<input checked="" type="checkbox"/> V VG GF DF
Oven Chips	V VG GF DF

Dessert

Fresh Fruit	<input checked="" type="checkbox"/> V <input checked="" type="checkbox"/> VG <input checked="" type="checkbox"/> GF <input checked="" type="checkbox"/> DF
Fruit Yogurt	<input checked="" type="checkbox"/> V VG GF DF 7
Banoffee Pie	<input checked="" type="checkbox"/> V VG GF DF 2 4 7

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLERANCES: Tomato Products^A, Capiscum Products^B, Soft Fruit Products^C, Beef^P, Aubergine^E, Apple^F, Oranges^G, Onion^H, Pork^J

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.