

Monday

Main Course

Ultimate Chilli Con Carne V VG GF DF 14

Mexican Style Stuffed Pepper V VG GF DF 27

Cheesy Pasta V VG GF DF 27

Sides

Wholemeal Rice V VG GF DF

Mix Vegetables V VG GF DF

Buttered Cougettes V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF

Raspberry & Coconut Steamed Sponge V VG GF DF 247

Tuesday

Main Course

Creamy Chicken Pie V VG GF DF 247

Chickpea Masala & Pomegranate Raita V VG GF DF 247

Baked Potato with Beans & Melting Cheese V VG GF DF 7

Sides

Herbed Potatoes V VG GF DF 47

Ratatouille V VG GF DF

Green Beans V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF

Lemon Drizzle Slice V VG GF DF 247

Wednesday

Main Course

Roast Pork served with Apple Sauce V VG GF DF J

Halloumi with Lemony Lentils Chickpeas Beets V VG GF DF 247

Three Cheese Pasta Topped with Crumb V VG GF DF 27 A

Sides

Roast Potatoes V VG GF DF

Braised Red Cabbage V VG GF DF 27

Buttered Carrots V VG GF DF 7

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF 7

Biscoff Cheesecake V VG GF DF 247

Thursday

Main Course

Ham and Cheese V VG GF DF 7 J

Spring Vegetable Stew & Parsley Dumpling V VG GF DF

Sweet Chilli Hotdog and Sweet Onions V VG GF DF 2 A B H J

Sides

Seasoned Fries V VG GF DF 7

Sweetcorn V VG GF DF

Spaghetti Hoops V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF

Lemon Meringue Pie V VG GF DF 247

Friday

Main Course

Scampi and Chips V VG GF DF 247 5

Cheese and Tomato Pizza V VG GF DF 27 A

Prawn and Courgette Tagliatelle V VG GF DF 7

Sides

Oven Chips V VG GF DF

Baked Beans V VG GF DF

Peas V VG GF DF

Dessert

Fresh Fruit V VG GF DF

Fruit Yogurt V VG GF DF

Vanilla Panna Cotta V VG GF DF 57

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLERANCES: Tomato Products^A, Capiscum Products^B, Soft Fruit Products^C, Beef^P, Aubergine^E, Apple^F, Oranges^G, Onion^H, Pork^J

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.