

# Lunch Menu

Week commencing:

02/09/25

## Monday

### Main Course

V VG GF DF

V VG GF DF

V VG GF DF

### Sides

V VG GF DF

V VG GF DF

V VG GF DF

### Dessert

V VG GF DF  
☒

V VG GF DF

V VG GF DF

## Tuesday

### Main Course

INSET DAY V VG GF DF

V VG GF DF

V VG GF DF

### Sides

V VG GF DF

V VG GF DF

V VG GF DF

### Dessert

V VG GF DF

V VG GF DF

V VG GF DF

## Wednesday

### Main Course

INDUCTION DAY V VG GF DF

V VG GF DF

V VG GF DF

### Sides

V VG GF DF

V VG GF DF

V VG GF DF

### Dessert

V VG GF DF

V VG GF DF

V VG GF DF

## Thursday

### Main Course

Breaded Maynard Chicken V VG GF DF  
2 4 7

Cauliflower Mac & Cheese V VG GF DF  
2 4 7

Bacon and Tomato Pasta V VG GF DF  
2 J A

### Sides

New Salad Potatoes V VG GF DF  
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Tender Stem Broccoli V VG GF DF  
☒

Buttered Carrots V VG GF DF  
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### Dessert

Fresh Fruit Salad V VG GF DF  
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF  
☒ 7

Choux Bun V VG GF DF  
☒ 2 4 7

## Friday

### Main Course

Battered Cod V VG GF DF  
2 4 7 5

Honey Glazed Hotdog V VG GF DF  
☒ 2 A 7

Vegetarian Hotdog V VG GF DF  
☒ 5 H

### Sides

Fries V VG GF DF  
☒

Baked Beans V VG GF DF  
☒ A

Peas V VG GF DF

### Dessert

Fresh Fruit Salad V VG GF DF  
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF  
☒ 7

Chocolate Sponge V VG GF DF  
☒ 2 4 7

**KEY:** V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

**ALLERGENS** (using FSA codes): Celery<sup>1</sup>, Cereals (Gluten)<sup>2</sup>, Eggs<sup>4</sup>, Fish<sup>5</sup>, Milk<sup>7</sup>, Mustard<sup>9</sup>, Nuts<sup>10</sup>, Peanuts<sup>11</sup>, Sesame Seeds<sup>12</sup>, Soya<sup>13</sup>, Sulphites<sup>14</sup>

**INTOLERANCES:** Tomato Products<sup>4</sup>, Capiscum Products<sup>9</sup>, Soft Fruit Products<sup>5</sup>, Beef<sup>6</sup>, Aubergine<sup>5</sup>, Apple<sup>6</sup>, Oranges<sup>6</sup>, Onion<sup>4</sup>, Pork<sup>4</sup>

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.