

Lunch Menu

Week commencing:

06/10/25

Monday

Main Course

Beef and Caramelised
Onion Pie V VG GF DF
2 D H

Penne with Ricotta and
Basil Sauce V VG GF DF

Vegetable Kyiv V VG GF DF
☒ 2 7

Sides

Dauphinoise Potatoes V VG GF DF
☒ ☒ 7

Ratatouille V VG GF DF

Buttered Courgettes V VG GF DF

Dessert

Fresh Fruit Salad V VG GF DF
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF
☒ ☒ 7

Rice Pudding with
Shortbread V VG GF DF
2 4 7

Tuesday

Main Course

Chicken Stir-Fry with
Prawn Crackers V VG GF DF
2 1 4 A B H 5

Pan Fried Polenta with
Mushroom Strogenoff V VG GF DF

Baked Potato with
Melting Cheese Beans V VG GF DF

Sides

Boiled Rice V VG GF DF
☒ ☒ ☒ ☒

Sweetcorn V VG GF DF

Mix Vegetables V VG GF DF

Dessert

Fresh Fruit Salad V VG GF DF
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF
☒ ☒ 7

Lemon Meringue Pie V VG GF DF
2 4 7

Wednesday

Main Course

Baked Honey Glazed
Ham V VG GF DF
J

Goats Cheese Tart V VG GF DF
2 4 7

Cheese Omelette V VG GF DF
2 4 7

Sides

Roast Potatoes V VG GF DF
☒ ☒ ☒ ☒

Braised Red Cabbage V VG GF DF

Green Beans V VG GF DF

Dessert

Fresh Fruit Salad V VG GF DF
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF
☒ ☒ 7

Apple Pie V VG GF DF
2 4 7

Thursday

Main Course

Paella V VG GF DF
4 J

Pasta e Fagioli V VG GF DF
2 4 7

Quiche Lorraine V VG GF DF
2 5 4

Sides

New Salad Potatoes V VG GF DF
☒ ☒ 7

Mushrooms V VG GF DF
☒ ☒ ☒ ☒

Spaghetti Hoops V VG GF DF
☒

Dessert

Fresh Fruit Salad V VG GF DF
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF
☒ ☒ 7

Chocolate Sponge V VG GF DF
☒ 2 4 7

Friday

Main Course

Hot Dog with Sticky
Onions V VG GF DF
2 4 7 5

Smoked Haddock
Kedgerree V VG GF DF
☒ 2 4 7

Jumbo Fish Finger V VG GF DF
☒ 5 H

Sides

Fries V VG GF DF
☒ ☒ ☒ ☒

Baked Beans V VG GF DF
☒ ☒ ☒ ☒ A

Peas V VG GF DF
☒ ☒ ☒ ☒

Dessert

Fresh Fruit Salad V VG GF DF
☒ ☒ ☒ ☒

Fruit Yogurt V VG GF DF
☒ ☒ 7

Banoffee Pie V VG GF DF
☒ 2 4 7

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLERANCES: Tomato Products⁴, Capiscum Products⁹, Soft Fruit Products⁵, Beef⁶, Aubergine⁵, Apple⁶, Oranges⁶, Onion⁴, Pork⁴

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt