

Lunch Menu

Week commencing:

22/9/25

Monday

Main Course

Italian Style Lasagne ☐ V ☐ VG ☐ GF ☐ DF

with Garlic Bread

Vegetarian Lasagne with ☐ V ☐ VG ☐ GF ☐ DF

Garlic Bread

Pancake Roll and ☐ V ☐ VG ☐ GF ☐ DF

Curry Sauce

Sides

New Salad Potatoes ☒ V ☐ VG ☒ GF ☐ DF

7

Ratatouille ☐ V ☐ VG ☐ GF ☐ DF

Buttered Courgettes ☐ V ☐ VG ☐ GF ☐ DF

Dessert

Fresh Fruit Salad ☒ V ☒ VG ☒ GF ☒ DF

Fruit Yogurt ☒ V ☐ VG ☒ GF ☐ DF

7

Chocolate -Orange ☐ V ☐ VG ☐ GF ☐ DF

Steamed Pudding 2 4 7

Tuesday

Main Course

Chicken Spinach & ☐ V ☐ VG ☐ GF ☐ DF

Puy Lentil Balti

Roast Gnocchi with ☐ V ☐ VG ☐ GF ☐ DF

Pesto & Mozzarella

Baked Potato with ☐ V ☐ VG ☐ GF ☐ DF

Melting Cheese Beans

Sides

Boiled Rice ☒ V ☒ VG ☒ GF ☒ DF

Sweetcorn ☐ V ☐ VG ☐ GF ☐ DF

Mix Vegetables ☐ V ☐ VG ☐ GF ☐ DF

Dessert

Fresh Fruit Salad ☒ V ☒ VG ☒ GF ☒ DF

Fruit Yogurt ☒ V ☐ VG ☒ GF ☐ DF

7

Sticky Ginger Parkin ☐ V ☐ VG ☐ GF ☐ DF

2 4 7

Wednesday

Main Course

Roast Topside of Beef ☐ V ☐ VG ☐ GF ☐ DF

with Yorkshire Pudding 2 4 7 D

Chunky Potato Top ☐ V ☐ VG ☐ GF ☐ DF

Shepherds Pie

Beetroot Falafel ☐ V ☐ VG ☐ GF ☐ DF

Wrap 2 4 7

Sides

Roast Potatoes ☒ V ☒ VG ☒ GF ☒ DF

Braised Red Cabbage ☐ V ☐ VG ☐ GF ☐ DF

Green Beans ☐ V ☐ VG ☐ GF ☐ DF

Dessert

Fresh Fruit Salad ☒ V ☒ VG ☒ GF ☒ DF

Fruit Yogurt ☒ V ☐ VG ☒ GF ☐ DF

7

Treacle Tart ☐ V ☐ VG ☐ GF ☐ DF

2 4 7

Thursday

Main Course

Chicken and Chorizo ☐ V ☐ VG ☐ GF ☐ DF

Paella 2 4 7

Pea and Feta Tart ☐ V ☐ VG ☐ GF ☐ DF

2 4 7

Bacon and Tomato ☐ V ☐ VG ☐ GF ☐ DF

Pasta 2 J A

Sides

New Salad Potatoes ☒ V ☐ VG ☒ GF ☐ DF

7

Tender Stem Broccoli ☒ V ☒ VG ☒ GF ☒ DF

Buttered Carrots ☒ V ☐ VG ☐ GF ☐ DF

Dessert

Fresh Fruit Salad ☒ V ☒ VG ☒ GF ☒ DF

Fruit Yogurt ☒ V ☐ VG ☒ GF ☐ DF

7

Raspberry & Toasted ☒ V ☐ VG ☐ GF ☐ DF

Coconut Flapjack 2 4 7

Friday

Main Course

Bacon Rarebit with Apple ☐ V ☐ VG ☐ GF ☐ DF

Chutney 2 4 7 5

Cannelloni Verdi ☒ V ☐ VG ☐ GF ☐ DF

2 4 7

Jumbo Fish Finger ☒ V ☐ VG ☐ GF ☐ DF

5 H

Sides

Fries ☒ V ☒ VG ☒ GF ☒ DF

Baked Beans ☒ V ☒ VG ☒ GF ☒ DF

A

Peas ☒ V ☒ VG ☒ GF ☒ DF

Dessert

Fresh Fruit Salad ☒ V ☒ VG ☒ GF ☒ DF

Fruit Yogurt ☒ V ☐ VG ☒ GF ☐ DF

7

Chocolate Orange ☒ V ☐ VG ☐ GF ☐ DF

Cookie 2 4 7

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk⁷, Mustard⁹, Nuts¹⁰, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLERANCES: Tomato Products⁴, Capiscum Products⁹, Soft Fruit Products⁵, Beef⁶, Aubergine⁵, Apple⁶, Oranges⁶, Onion⁴, Pork⁴

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.