

## **Lunch Menu**

Week commencing: 29/9/25

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course  V VG GF DF  Honey & Lemon	Main Course  V VG GF DF  Melting Meatball	Main Course  V VG GF DF  Baked Honey Glazed	Main Course  V VG GF DF  The Maynard Grill	Main Course  V VG GF DF  Deep Fried Scampi
Chicken  V VG GF DF  Jumbo Onion Bhajis with Curry Sauce	Macaroni 27 AHJ  V VG GF DF  Baked Brie Cob	Ham J  V VG GF DF  Homity Pie	Halloumi Taco with Sweetcorn Salsa  V VG GF DF  247	Mix Bean and Tomato Chilli with Corn Tortillas
Tomato and Basil Pasta with Garlic Bread	Baked Potato with Melting Cheese Beans	Cheese Omelette  247	Bacon and Tomato Pasta  V VG GF DF  2 JA	Jumbo Fish Finger V vg gf bf
Sides	Sides	Sides	Sides	Sides
New Salad Potatoes  V VG GF DF  V VG GF DF  7	Boiled Rice V VG GF DF	Roast Potatoes  v vs GF DF  v V V V V	Hash Browns  V VG GF DF  V  V  7	Fries V VG GF DF
Ratatoille	Sweetcorn	Braised Red Cabbage	Mushrooms v vg gF DF	Baked Beans  V VG GF DF  V V V V
Buttered Courgettes	V VG GF DF Mix Vegetables	V VG GF DF Green Beans	Spaghetti Hoops v vg gF bF	Peas v vg gf Df
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit Salad V VG GF DF	Fresh Fruit Salad V VG GF DF	Fresh Fruit Salad V VG GF DF	Fresh Fruit Salad  V VG GF DF  V V V V	Fresh Fruit Salad V VG GF DF
Fruit Yogurt V VG GF DF	Fruit Yogurt V VG GF DF	Fruit Yogurt V VG GF DF	Fruit Yogurt  V VG GF DF  V VG GF DF	Fruit Yogurt  V VG GF DF  V VG GF DF
Raspberry Cheesecake 247	Chocolate Heavies	Lime Banana and Coconut Fritter  V VG GF DF  247	Devonshire Split  V VG GF DF  V 247	Blackberry Cinnamon Apple Cranachan  V VG GF DF  247

**KEY: V** = Vegetarian **VG** = Vegan **GF** = Gluten Free **DF** = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk², Mustard⁵, Nuts¹o, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴

INTOLLERANCES: Tomato Products⁴, Capiscum Products⁶, Soft Fruit Products⁶, Aubergine⁶, Apple⁶, Oranges⁶, Onion⁶, Porkժ

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.