

## **Lunch Menu**

Week commencing: 10/11/25

## Monday **Tuesday** Wednesday **Thursday Friday Main Course** Main Course Main Course Main Course **Main Course** V VG GF DF Homemade Sausage Spaghetti Bolognese Roast Beef and Chicken Biryani **V** Fish and Chips $\overline{\mathbf{V}}$ with Garlic Bread and Chutney Slice 247AHJ 247HJ Yorkshire Pudding 2 13 A B H 2475H V VG GF DF V VG GF DF V VG GF DF V VG GF DF ¥ VG GF DF Butternut Squash & Sweet Potato & Black Mushroom Strogenoff on ✓ **V V** Paneer Butter Masala **√** Cheese Flan **√ Cherry Tomato Tart** Bean & Quinoa 2 A H Sourdough Slice 247 247 V VG GF DF Baked Potato with Tomato and Basil Omelette Vegan Sausage Roll Roasted Hake Cataplana Pasta with Garlic Bread 27 Melting Cheese Beans 247 254 5 A H Sides Sides Sides Sides Sides V VG GF DF **Herbed Potatoes Buttered Pasta Roast Potatoes** Steamed Mix Vegetable **√** Fries **V V V √ √** 7777 7777 **✓** Rice V VG GF DF Hispi Cabbage **Braised Red Cabbage** Mushrooms **Baked Beans V V V** Sweetcorn **V V V** V VG GF DF **Buttered Courgettes** Mix Vegetables Green Beans Spaghetti Hoops **V** Peas **V V V** Dessert Dessert Dessert Dessert Dessert V VG GF DF V VG GF DF V VG GF DF V VG GF DF Fresh Fruit Salad 7777 V VG GF DF ¥ VG GF DF V VG GF DF V VG GF DF V VG GF DF Fruit Yogurt **✓** Fruit Yogurt **V** Fruit Yogurt $\checkmark$ $\checkmark$ Fruit Yogurt $\checkmark$ **✓** Fruit Yogurt **√** ✓ V VG GF DF Steamed Citrus Sponge **Bakewell Slice Melting Moments** Apple Flapjack Jam Doughnut **√ √** 247 247 247 247 247

**KEY: V** = Vegetarian **VG** = Vegan **GF** = Gluten Free **DF** = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

ALLERGENS (using FSA codes): Celery<sup>1</sup>, Cereals (Gluten)<sup>2</sup>, Eggs<sup>4</sup>, Fish<sup>5</sup>, Milk<sup>7</sup>, Mustard<sup>9</sup>, Nuts<sup>10</sup>, Peanuts<sup>11</sup>, Sesame Seeds<sup>12</sup>, Soya<sup>13</sup>, Sulphites<sup>14</sup>
INTOLLERANCES: Tomato Products<sup>A</sup>, Capiscum Products<sup>B</sup>, Soft Fruit Products<sup>C</sup>, Beef<sup>D</sup>, Aubergine<sup>E</sup>, Apple<sup>E</sup>, Oranges<sup>C</sup>, Onion<sup>H</sup>, Pork<sup>J</sup>
Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.