

## **Lunch Menu**

Week commencing: 17/11/25

## Monday **Tuesday** Wednesday **Thursday Friday** Main Course Main Course **Main Course** Main Course **Main Course** V VG GF DF Roast Loin of Pork Chicken Tikka Masala Beef Casserole with Sweet and Sour Chicken **V** Hawaiian Pizza $\overline{\mathbf{V}}$ Fluffy Herb Dumpling 247AHJ 13 AB H with Apple Sauce Rice and Naan 2 7 A B H 247A.I V VG GF DF V VG GF DF V VG GF DF V VG GF DF ¥ VG GF DF Creamy Bean and Kale Mushroom Strogenoff on ✓ Lentils with Soy& Ginger ✓ Arancini **V** Cod Goujons **√** Tofu Pappardelle Pasta 2 A H Sourdough Slice 247 V VG GF DF Tomato and Basil Baked Potato with Smoky Hake Beans & Omelette Vegan Sausage Roll Pasta with Garlic Bread 27 Melting Cheese Beans 247 254 Greens 5 A H Sides Sides Sides Sides Sides V VG GF DF **Herbed Potatoes Buttered Pasta Roast Potatoes** Steamed Mix Vegetable **√** Fries **V V V √ √** 7777 7777 **✓** Rice V VG GF DF Hispi Cabbage **Braised Red Cabbage** Mushrooms **Baked Beans V V V** Sweetcorn **V V V** V VG GF DF **Buttered Courgettes** Mix Vegetables Green Beans Spaghetti Hoops **V** Peas **V V V** Dessert Dessert Dessert Dessert Dessert V VG GF DF V VG GF DF V VG GF DF V VG GF DF Fresh Fruit Salad 7777 ¥ VG GF DF V VG GF DF V VG GF DF V VG GF DF V VG GF DF Fruit Yogurt **✓** Fruit Yogurt **V** Fruit Yogurt $\checkmark$ $\checkmark$ Fruit Yogurt $\checkmark$ **✓** Fruit Yogurt **√** ✓ V VG GF DF Steamed Citrus Sponge Scone with Clotted Apple Pie Coffee Sponge Cream Choux Bun **√ √** 247 247 247 247 247 Cream and Jam

KEY: V = Vegetarian VG = Vegan GF = Gluten Free DF = Dairy Free

Available every day: Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt

**ALLERGENS** (using FSA codes): Celery¹, Cereals (Gluten)², Eggs⁴, Fish⁵, Milk², Mustard⁵, Nuts¹o, Peanuts¹¹, Sesame Seeds¹², Soya¹³, Sulphites¹⁴ **INTOLLERANCES**: Tomato Products⁴, Capiscum Products⁶, Soft Fruit Products⁶, Aubergine⁶, Apple⁶, Oranges⁶, OnionĦ, PorkJ

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.