

# Lunch Menu

Week commencing:  
12/01/2026

## Monday

### Main Course

Sticky Honey and Soy Chicken	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
	13

  

Sausage Kale & Gnocchi One-Pot	V VG GF DF

  

Lentil Dahl	V VG GF DF

### Sides

Vegetable Rice	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Mix Vegetables	V VG GF DF

  

Ratatouille	V VG GF DF

### Dessert

Fresh Fruit Salad	V VG GF DF

  

Fruit Yogurt	V VG GF DF

  

Carrot Cake	V VG GF DF

## Tuesday

### Main Course

Cottage Pie	V VG GF DF

  

Parsnip Leek & Mix Cheese Pastry	V VG GF DF
	<input checked="" type="checkbox"/>
	2 HA

  

Mac N Cheese	V VG GF DF
	<input checked="" type="checkbox"/>
	27

### Sides

Mash Potato	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Green Beans	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Peas	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

### Dessert

Fresh Fruit Salad	V VG GF DF

  

Fruit Yogurt	V VG GF DF

  

Apple Strudel	V VG GF DF

## Wednesday

### Main Course

Roast Beef and Yorkshire Pudding	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>
	D 247

  

Sundried Tomato & Mushroom Pasta	V VG GF DF
	<input checked="" type="checkbox"/>

  

Cheese Omelette	V VG GF DF
	<input checked="" type="checkbox"/>

### Sides

Roast Potatoes	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Glazed Carrots	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Hispi Cabbage	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

### Dessert

Fresh Fruit Salad	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Fruit Yogurt	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Mix Fruit Pie	V VG GF DF
	247

## Thursday

### Main Course

Chicken and Ham Pie	V VG GF DF
	27

  

Mozzarella Arancini	V VG GF DF
	<input checked="" type="checkbox"/>

  

Baked Potato with Beans & Melting Cheese	V VG GF DF
	<input checked="" type="checkbox"/>
	7

### Sides

Herbed Potatoes	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Sweetcorn	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Cauliflower Cheese	V VG GF DF
	<input checked="" type="checkbox"/>

### Dessert

Fresh Fruit Salad	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Fruit Yogurt	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Lemon Meringue Pie	V VG GF DF
	<input checked="" type="checkbox"/>

### Dessert

Fresh Fruit Salad	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Fruit Yogurt	V VG GF DF
	<input checked="" type="checkbox"/> <input checked="" type="checkbox"/>

  

Chocolate Tiffin	V VG GF DF

KEY: **V** = Vegetarian **VG** = Vegan **GF** = Gluten Free **DF** = Dairy Free

Available every day: **Jacket Potato, Salad Bar, Packed Lunch (must be pre-ordered), Fresh Fruit & Yoghurt**

**ALLERGENS** (using FSA codes): Celery<sup>1</sup>, Cereals (Gluten)<sup>2</sup>, Eggs<sup>4</sup>, Fish<sup>5</sup>, Milk<sup>7</sup>, Mustard<sup>9</sup>, Nuts<sup>10</sup>, Peanuts<sup>11</sup>, Sesame Seeds<sup>12</sup>, Soya<sup>13</sup>, Sulphites<sup>14</sup>

**INTOLERANCES:** Tomato Products<sup>A</sup>, Capiscum Products<sup>B</sup>, Soft Fruit Products<sup>C</sup>, Beef<sup>D</sup>, Aubergine<sup>E</sup>, Apple<sup>F</sup>, Oranges<sup>G</sup>, Onion<sup>H</sup>, Pork<sup>J</sup>

Please be aware we use all types of feeds in our kitchens. We have eliminated Palm Oil ingredients where currently possible. Substitute menus are available but may be an additional charge.